



KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE
ADMINISTRATIVE BOARD
MEETING MINUTES
JUNE 17, 2004

Members Present: Joan Clement, Nancy Code, Roger Goodman, Jim Harbaugh, Larry Hill, Yasmin Smith

Members Absent: Linda Brown (excused), Mary Alice Knotts (excused - awaiting Council confirmation), Kim Murillo (excused)

Staff Present: Rhoda Naguit, Jim Vollendroff

Guests Present: Trish Blanchard, Randy Polidan, Seattle Mental Health; Ron Blunk, Harborview; Ardi Bury, Recovery Centers of King County; Gerry Coughlin, Alcohol-Drug Helpline; Stacey Devenney, Valley Cities Counseling and Consultation; Dan Floyd, Downtown Emergency Service Center; Harvey Funai, Bob Leonard, Division of Alcohol and Substance Abuse; Robin Hopkins, WA State Citizen Advisory Council, Ramona Graham, Center for Human Services; Nancy Mellor, Muckleshoot Behavioral Health; Ryan Porter, Ryther Child Center; Suzanne Wietting, Fairfax Hospital; Joan Zintak, Community Psychiatric Clinic

In lieu of Board Chair Linda Brown who was out of town, Vice Chair Nancy Code convened the King County Alcoholism and Substance Abuse Administrative Board at 12:09 p.m. The meeting was held at Olympus Room of DASA Region IV offices, located at 400 Mercer Street, 6th floor, Seattle.

I. WELCOME AND INTRODUCTIONS

Vice Chair Code welcomed everyone present and acknowledged the presence of representatives from CD provider agencies at the meeting. She asked everyone to introduce him/herself.

II. PRESENTATION FROM RYTHER CHILD CENTER

Ryan Porter gave an overview of their program services and an update on what's happening in their agency.

Successes

- Implementation of CD outpatient services with family-centered program. The agency holds a family night four nights per week. They also offer a variety of CD classes for parents. So far they have received positive feedbacks for the family night sessions.
- Implementation of experiential course, which is learning treatment through doing.

Challenges Faced and How they are Being Addressed

- More demand for services with limited resources and staff. The agency has hired a third CD Counselor.
- Due to fast turnover of staff, new hires are trying to figure out how to do paperwork formulated by previous staff years back.
- Discovering which treatment plan works best for their clients. The newly developed treatment plan is based on ASAM criteria.
- Difficulties in treatment facility in West Seattle and White Center areas. The agency has entered a Memorandum of Understanding with schools in West Seattle.
- Difficulty hiring CDPs. The agency has hired people with Master's degree and provides financial assistance for their staff to meet WAC requirements for CDPs.

Completion Rate

There is a 45% graduation rate of their clients.

How to Evaluate Outcome

Uses standard practices e.g. SASSI, and Parent-Client Satisfaction survey.

Roger Goodman asked for client data on gender, ages, races. The gender is equal, though sometimes there are more boys than girls. The ages are between 16-17 years old. In Lake City, most kids are white; ditto with West Seattle due to heavily Caucasian population of the area.

Where do you get your referrals? Majority of the referrals are from schools.

III. MINUTES

With the arrival of additional board member, a quorum was reached. Roger Goodman made a motion that was seconded by Joan Clement to approve the May 20, 2004 meeting minutes as submitted. The motion was approved unanimously.

IV. AGENCY CONCERNS

Suzanne Wietting of Fairfax Hospital announced that the Pacific Northwest Chapter of the Employee Assistance Professional Association will hold a panel discussion regarding the issues that service men and women, their families, and their employers would face when the service member returns from the War in Iraq, particularly alcoholism and substance abuse problems.

The meeting will be held on June 23rd in the Mezza Café, 3rd floor, 2401 Utah Avenue South in Seattle. The meeting will start at 11:30 a.m. with lunch and networking. You can either bring your own brown bag or purchase it in the café next door.

V. BOARD CHAIR'S REPORT

A. Liaison Report

Joan Clement: CD Youth Providers Meeting, Chronic Populations Action Council (CPAC)

CD Youth Providers Meeting: The next meeting is on July 15, 2004.

CPAC: No meeting this month.

Nancy Code: CD Adult Providers Meeting

The CD Adult Providers met this morning. As always, Nancy is impressed with the active interaction of providers and the Division staff. At the meeting this morning, Ron Blunk gave an update on WASBIRT. The program is meeting approximately 50% of its goals for screening and referrals. Some of the challenges of meeting the goals include space issues and the fact that Harborview is a trauma center and many people are admitted too injured or too inebriated to be screened. There was also an update report on CDP shortages issue.

Roger Goodman: Legislative Advocacy and Public Affairs Committee

The Legislative Advocacy and Public Affairs committee met yesterday where they discussed further the Recovery Month activities. The plan was to hold a half day program on September 28, 2004 for mental health/chemical dependency featuring consumers, providers and experts for a testimonial or panel discussion. This event will be concluded with a County proclamation and a service award ceremony. Radio and television will be utilized to show that treatment works.

The Joint MH/CD Legislative Forum will be held on November 16, 2004 at St. Mark Church.

The next committee meeting will be held on Wednesday, July 21, 2004 at the Exchange Building Conference Room 6B at 4:00 p.m.

B. CDP Shortages Task Force

Jim Vollendroff gave the report in lieu of Kim Murillo, Task Force Chair, who was unable to attend the meeting.

The committee met several times to identify and address the problem of lack of qualified CDPs. This is a real crisis in King County. With the valuable assistance from the provider community, the committee formulated a list of potential solutions to address the crisis of the counselor shortages in King County and throughout the State of Washington. Copies of a list of consolidated ideas and input from committee members and from counselors and treatment agency directors were distributed. The list of solution is into three categories (1) short-term, (2) mid-term and (3) long term strategies. Short-term would be solutions that could possibly be implemented immediately, mid-term is 6-12 months to implement, and long-term is from one year or longer. Jim asked the board members and providers present to prioritize the items in the list. If they have any other solutions they are asked to add it in the list and return the completed survey to Rhoda Naguit.

C. Board Planning Retreat

The Board Planning Retreat will be held sometime in September 2004 in late afternoon during weekday. Rhoda Naguit will email board members with suggested dates for the retreat for their consideration.

VII. A/D COORDINATOR'S REPORT

A. Budget 2005

Jim has included Prevention in the 2005 Budget which will prompt discussion with Seattle-King County Department of Public Health (SKCDPH) to re-integrate Alcohol and Other Drugs Prevention Division to King County Department of Community and Human Services (KCDCHS). Jim has put together a position paper on continuum of care for Jackie MacLean's review and approval.

The City of Seattle is now talking about direct contracting with the KCDCHS for services funded by the City.

The Emergency Service Patrol still has budget holes even without budget cuts from the City of Seattle. There is a discussion on strategies on ESP budget.

B. ADATSA Budget

To ensure that we meet ADATSA and treatment capacity for the next six months, additional funding will be utilized from the fund balance.

C. GAIN Training

There is funding on the 2005 budget for an oversight person as well as an IS person for the implementation of GAIN assessment tool in King County. The University of

Washington has also submitted a grant that if funded may provide some funding for GAIN program.

D. Sitgma Reduction Project

The Division will work with the 24-Hour Helpline to develop a video production on chemical dependency. The production of two videos is in progress. These are intended to be used for Recovery Month and to utilize as training tools for providers and Division staff.

E. WASBIRT UPDATE

Spokane County dropped out of the program; Yakima County came in.

F. Access to Recovery Grant

The grant was submitted by State Division of Alcohol and Substance Abuse on time. This grant will serve about 177 patients. DASA will know whether they are selected or not by September 2004.

There being no further business, the meeting was adjourned at 1:35 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary

Nancy Code
Vice Chair